

# Boost ICU

BOOSTING SUPPORTIVE CARE TRAINING FOR THE ICU

“ WHERE INTENSIVE CARE MEETS INTENSIVE CARING ”

## Introduction

This interactive, asynchronous course aims to equip ICU clinicians with the necessary **knowledge and skills** to **identify, address, and manage** common supportive and palliative care needs of ICU patients. The experience of ICU patients is often traumatic, and this course will supplement participants' pre-existing skills so as to further enhance their ability to support patients and improve quality of care.

## Course Highlights



Videos



Animated Presentations



Case Studies



Modular Assessments



Discussion Forums



Certificate of Completion

! This course is reviewed and endorsed by a multidisciplinary panel of practicing clinicians in the intensive care.

## Topics

- The **Role of Palliative Care** in the ICU
- **Communication Skills** in the ICU
- ICU **Ethics**
- Compassionate Removal of **Mechanical Ventilation**
- Compassionate **Discharge**
- **Grief & Bereavement**

## Course Details



Completely online  
Wherever & Whenever



\$80  
Before GST



Start date  
Immediately upon enrolment



Duration  
4 weeks



Suitable for  
Local and International  
ICU Healthcare Professionals

SIGN UP & GET A BONUS COURSE!



SIGN UP FOR THE COURSE NOW!

## Our E-Learning Faculty



**Clinical Asst/Prof Jamie Zhou**

Senior Consultant  
Division of Supportive Palliative Care  
National Cancer Centre Singapore,  
SingHealth Duke-NUS Supportive  
Palliative Care Centre



**Dr Lee Sze Yi**

Senior Resident Physician  
Division of Supportive Palliative Care,  
National Cancer Centre Singapore



**Clinical Assoc/Prof Alethea Yee**

Director of Education,  
Lien Centre for Palliative Care  
Deputy Head (Clinical/Education),  
SingHealth Duke-NUS Supportive  
Palliative Care Centre



**Mr Andy Sim**

Master Medical Social Worker, Medical  
Social Service, Singapore General Hospital  
Lead Education Associate, Lien Centre for  
Palliative Care



**Ms Patricia Chua**

Master Medical Social Worker,  
Medical Social Service,  
Singapore General Hospital



**Ms Stella Goh**

Advanced Practice Nurse  
Division of Supportive Palliative Care,  
National Cancer Centre Singapore



**Dr Alina Tan**

Senior Resident Physician,  
Department of Anaesthesia,  
National University Hospital



**Dr Yew Woon Si**

Head, Anaesthesiology Department,  
Singapore National Eye Centre  
Senior Consultant, Department of  
Anaesthesiology, Singapore General  
Hospital

## Learning Outcomes

1. Understand different **models of care** for providing generalist and specialist palliative care in the ICU
2. Communicate with families using the **Serious Illness Conversation Guide** to understand patient's **values and preferences**
3. Analyse complex ethical issues using the **Jonsen's 4-Box Approach**
4. Understand the importance of standardizing the **compassionate removal of mechanical ventilation**
5. Describe the **considerations in a compassionate discharge**
6. Identify and respond to **acute grief reactions**